



HIGHWAY PATROL RETIREMENT SYSTEM

May 2026 Newsletter

Contact Us: 614.431.0781



"Our History Is Our Pride"

May

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Message From the Executive Director

As we reach the middle of the year, it is a good time to review your retirement benefits and plan for the future. Our team is here to answer your questions and connect you with helpful resources. Taking a few moments now to stay informed can help you make confident decisions later. We encourage you to review your account details and reach out if you need support.

We continue to work with state partners and stakeholders to track legislative developments that may affect public pension systems. We will keep you informed as changes arise and continue advocating for policies that protect the long-term strength of our system and the security of your benefits.



Board News

Information regarding the retiree and active elections for 2026 has been sent via VRC for active members and mailed to retired members. **Watch for more information, and don't forget to cast your vote!**

Life After the Badge: Surviving and Thriving in Your Second Act

You spent decades standing between chaos and order, responding to crises, and relying on a brotherhood and sisterhood that few in the civilian world truly understand. When the uniform comes off for the last time, stepping away from the daily adrenaline can leave a void.

But retirement shouldn't mean the end of your service or your community. Instead, it is the start of an opportunity to prioritize your own well-being while finding new ways to impact the people around you.

Whether you have been retired for a day or a decade, thriving in your post-career life comes down to three vital pillars:

1. Reclaiming Your Health

Law enforcement takes a cumulative toll on the body and mind. Shift work, hyper-vigilance, and cumulative stress can place officers at higher risks for cardiovascular issues, sleep disorders, and metabolic changes. Retirement is your time to invest in the wellness you put on the back burner for the job.

- **Get Moving:** Prioritize low-impact, consistent physical activity that protects your joints.
- **Schedule Screenings:** Don't skip your annual physicals. Make cardiovascular and metabolic health a priority.

2. Building a New Identity

One of the most common challenges retirees face is the loss of the "cop identity". When your career defines your schedule and your purpose for decades, losing that structure can be disorienting.

- **Find a New Mission:** Whether it is volunteering in your community, mentoring young people, taking up woodworking, or starting a small consulting gig, finding a new hobby or project replaces the daily structure with personal fulfillment.
- **Stay Connected:** Maintain ties to your peers. Attend retiree events or local FOP meetings to stay connected with those who share your unique background.

3. Seeking Continued Purpose

Your experience is a massive asset. Law enforcement agencies are facing significant recruitment and retention challenges. Many retirees find that they still have a deep desire to help. You can put your years of street knowledge to work as a background investigator, a court security officer, or a firearms instructor.



Looking for Resources?

To keep track of statewide pension news, healthcare stipends, and advocacy efforts, stay plugged in. Remember, you protected the public for decades. Now, it is time to protect your own quality of life. Take the time to discover who you are without the badge, and enjoy the healthy, rewarding retirement you have truly earned!



Job Opportunities for Retirees

Job opportunities are listed in the secure area of our website (www.ohprs.org). Please check this periodically to ensure you are aware of any new postings.

June 2026 HPRS Meetings

On Wednesday, June 24, 2026, committee meetings will begin at 1300 hours, starting with the Administration Committee, followed by the Health, Wellness, & Disability Committee, and then the Health Care Funding Committee.

On Thursday, June 25, 2026, beginning at 0900 hours, the Audit Committee will meet, followed by the Investment Committee at 0930 hours, and the Board meeting at 1130 hours. As a reminder, Board meetings are made available to everyone via Zoom. The Zoom meeting information can be found on the corresponding agenda for each board meeting, which is posted to our website.

Some committee meetings may be canceled from time to time. Please refer to the HPRS website at www.ohprs.org for the most current meeting dates and times.

Save the Date!

- Retiree Cookout - Friday, June 5, 2026 - 11:00 a.m. - Academy

Please visit our website for more details and for RSVP information, www.ohprs.org.



Our office will be closed:

~ Friday, June 19th - Juneteenth

Retiree Qualification

The Academy Range will be hosting annual retiree qualifications in 2026. As a reminder, your qualification under the LEOSA rules is only good for one year from the date of qualification. This can be found in 18 USC 926c: *Carrying of concealed firearms by qualified retired law enforcement officers.*

Upcoming scheduled retiree qualifications at the Academy for 2026 are:

- Friday, June 5, 2026, from 0900-1030 hours (Annual Retiree Cookout)
- Wednesday, August 12, 2026, at 1300 hours
- Wednesday, October 7, 2026, at 1300 hours



Additionally, all retirees may also reach out to their local District Headquarters for local weapons qualification availability.

You must complete a Weapons Qualifications Record (HP-15C), that includes your personal weapon information, and submit to Melissa Fellure at mjfellure@dps.ohio.gov **no less than 14 days prior to the qualification date**. Retirees must bring their Division-issued ID Card with them to the qualification, and the retiree must supply weapon(s) and ammunition. If you have any questions, please contact Lieutenant Brian Nelson of the Academy Range at bwnelson@dps.ohio.gov or 614.644.4325.

Important Numbers For You To Have On Hand

HPRS - 614.431.0781
Via Benefits (**Medicare**) - 833.431.1358
Via Benefits (**Pre-Medicare**) - 800.667.2184
Medicare - 800.633.4227

Aetna Vision - 877.973.3238
Delta Dental of Ohio - 800.524.0149
Social Security - 800.772.1213
Ohio Def. Comp. - 877.644.6457

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